STUDENT: Answer the following questions as completely and thoroughly as possible and give a copy to each person you are asking to write a recommendation. If you need more space, add additional sheets.

**Activities and Interests:**

List the activities you have participated in. Note any leadership positions you have held.

- Name: ___________________________ Year(s): ___________________________
- Name: ___________________________ Year(s): ___________________________
- Name: ___________________________ Year(s): ___________________________

List any out-of-school activities such as travel, work, church, or community service that has helped you mature.

- Name: ___________________________ Year(s): ___________________________
- Name: ___________________________ Year(s): ___________________________
- Name: ___________________________ Year(s): ___________________________

What additional interests/hobbies do you have? Explain your involvement and list any awards or honors you were recognized for.

- Name: ___________________________ Year(s): ___________________________
- Name: ___________________________ Year(s): ___________________________
- Name: ___________________________ Year(s): ___________________________

**Personal Evaluation:**

List six adjectives that best describe you.

1. ___________________________ 4. ___________________________
2. ___________________________ 5. ___________________________
3. ___________________________ 6. ___________________________

What are you academic and personal strengths?

________________________________________________________________________

What are your academic and personal weaknesses?

________________________________________________________________________

Are there any special circumstances or issues you want to share?

________________________________________________________________________