Reproductive Health Guidelines

6th Grade Curriculum

Puberty: The Wonder Years
Tier C: I Wonder What Happens Next

1. Curriculum:
   • Puberty: The Wonder Years (Tier C). Equipping Young People to Postpone Sexual Intercourse.

2. Films:
   • Use Approved Films
     ➢ Proctor and Gamble School Programs: “Always Changing – Co-ed”
     ➢ Learn 360: “We’re Just Talking – For Boys and Girls” (2007)

3. Classes:
   • Mixed gender
   • Five Scheduled School Days

4. Curriculum Guidelines (Tier C):
   • Students will communicate with parents and other trusted adults about puberty, relationships, and their expectations.
   • Students will describe the development of the human fetus from conception through birth.
   • Students will examine the influence of genetics, environment, and lifestyle on health.
   • Students will learn to choose a positive lifestyle(s) to ensure their future reproductive health.
   • Students will review the physical, social, and emotional changes of puberty.
   • Students will discuss the benefits of delaying sexual intercourse and parenthood until adulthood and marriage.
   • Students will improve communication and refusal skills to form respectful peer relationships.
5. **Contraceptives/Family Planning:**
   - At 6th grade, these are NOT approved for discussion.

6. **Topics Possible for Discussion:**
   - See GPS Reproductive Health Vocabulary List
   - Abortion is NOT approved for discussion

7. **Parent Preview/Notification**
   - A parent letter will be sent out to all parents whose child is currently enrolled in 6th grade Physical Education via email a month prior to this unit.
   - A follow up letter will be physically handed to all students in class and students will be expected to take these home to parents.
   - All curriculum materials are available for view upon request.

8. **Excused**
   - Parents have the right to excuse their child from this unit without penalty. Students who are exempted from this unit will be provided with an alternative assignment during this time.
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6th Grade Curriculum Outline

Puberty: The Wonder Years
Tier C: I Wonder What Happens Next

1. Growing Together (Lesson C-1):
   Students will:
   - Recall prior knowledge about puberty.
   - Compose guidelines for discussions during the puberty lessons.
   - Develop a plan for communication with their parents or other trusted adult regarding growing up.

2. Building Blocks of Life (Lesson C-2): *If time permits*
   Students will:
   - Describe prenatal development from single cell to a complex organism.
   - Review the anatomy of human body cells and the roles of chromosomes, DNA, and genes as the basic units of heredity.
   - Compare and contrast human body cells with reproductive cells.
   - Explain how gender is determined by the X and Y chromosomes received from the egg and sperm cells.
   - Assess themselves for the presence of inherited traits.

3. Fetal Development (Lesson C-3): *If time permits*
   Students will:
   - Explain that birth defects can be caused by heredity and environment.
   - Describe the developmental milestones of a developing fetus.
   - List factors that increase the likelihood of being able to bear healthy children in the future.
   - Recommend lifestyle choices that will favorably affect a developing fetus.
4. How My Body Works (Lesson C-4):
   Students will:
   • Explain the anatomy and physiology of the male and female reproductive systems.
   • Understand that parenthood should be reserved for adults who are able to make a life-long commitment to raising a child.
   • Lists the risks of having sexual intercourse as adolescents.
   • List the benefits of abstaining from sexual intercourse as adolescents.
   • Practice communicating with parents and other caring adults about sexual behavior and relationships.

5. Emotions and Relationships (Lesson C-5):
   Students will:
   • Explain typical emotional changes that occur during puberty.
   • Describe ways to show affection that demonstrate respect.

6. Growing Strong (Lesson C-6):
   Students will:
   • Identify reasons some young people might have sexual intercourse and recommend alternatives.
   • Summarize peer refusal skills and how to avoid trouble.
   • Practice peer refusal skills and how to avoid trouble in situations involving sexual risk.

7. Sexually Transmitted Infections (STIs):
   Students will:
   • Understand what a STI is and how they can be transmitted.
   • Learn about several STIs including but not limited to HIV/AIDS.
   • Understand the signs, symptoms and potential health problems that various STIs can/will cause.

8. Terms Used:
   • See GPS Reproductive Health Vocabulary List

9. Films Used:
• Learn360: “Were Just Talking-For Boys and Girls” (Puberty)
  http://www.learn360.com/ShowVideo.aspx?SearchText=puberty&lid=4926503&GradeLevel=3360055&pageAll=1&ID=318402