Reproductive Health Guidelines

5th Grade Curriculum: Female

Curriculum:
Puberty: The Wonder Years (Tier B)

Films:
Use Approved Film
http://www.pgschoolprograms.com/programs.php?pid=1

Classes:
- Female Only Lessons:
  B-1, B-3, B-4 (pgs. 55-58, 60-61, 65, 67, 69) B-5, C-5
- Mixed Gender Lessons:
  B-6 and C-6

Time Line:
Five Scheduled School Days

Curriculum Guidelines (Tier B):
- Describe changes that occur from infancy to adulthood.
- Define the structures and functions of the female reproductive system.
- Practice their communication skills by talking with their parents or other trusted adult about puberty.
- Distinguish between accurate and inaccurate sources of information about puberty.
- Demonstrate the intent to implement personal hygiene and healthy habits.
- Select their personal reasons for postponing sexual intercourse.
- Explain typical emotional changes that occur during puberty.
- Describe ways to show affection that demonstrate respect.
- STI (Sexually Transmitted Infections)
  Gonorrhea, Chlamydia, Genital Herpes, Genital HPV, & Syphilis
  Use the CDC Fact sheets as questions arise.
  Topics to be covered for each STD:
  - What is it?
  - Who is at risk?
  - Symptoms
  - Complications
How and when to get tested
＞ Treatment
＞ Prevention

Optional Lessons
＞ Critique Advertisements and popular music for the presence of sexual messages.
＞ Compare advice for their peers to encourage accurate information and healthy behavior.
＞ Identify reasons some young people might have sexual intercourse and recommend alternatives.
＞ Summarize peer refusal skills and how to avoid trouble in situations involving sexual risk.

If asked by students:
＞ Promote abstinence; and
＞ Students will be taught to discuss these issues with parents and other trusted adults.

Contraceptives/Family Planning:
＞ At 5th grade, these are NOT approved for discussion.

Topics Possible for Discussion:
＞ See vocabulary list
＞ Abortion is NOT approved for discussion.

Parent Preview/Notification
＞ A parent letter will be sent out to all parents whose child is currently enrolled in 5th grade.
＞ All curriculum materials are available for view upon request.

Excused
Parents have the right to excuse their child from this unit without penalty.
Students who are exempted from this unit will be provided with an alternative assignment during this time.
Reproductive Health Guidelines

5th Grade Curriculum: Male

**Curriculum:**
Puberty: The Wonder Years (Tier B)

**Films:**
Use Approved Film
http://www.pgschoolprograms.com/programs.php?pid=1

**Classes:**
- Male Only Lessons:
  - B-1, B-2, B-4 (pgs. 58-61, 63), B-5, C-5
- Mixed Gender Lessons:
  - B-6 and C-6

**Time Line:**
Five Scheduled School Days

**Curriculum Guidelines (Tier B):**
- Describe changes that occur from infancy to adulthood.
- Summarize what they know about growing up.
- Identify physical and emotional changes occurring during puberty.
- Define the structures and functions of the male reproductive system.
- Distinguish between accurate and inaccurate sources of information about puberty.
- Demonstrate the intent to implement personal hygiene and healthy habits.
- Select their personal reasons for postponing sexual intercourse.
- Explain typical emotional changes that occur during puberty.
- Describe ways to show affection that demonstrate respect.
- STI (Sexually Transmitted Infections)
  - Gonorrhea, Chlamydia, Genital Herpes, Genital HPV, & Syphilis
  - Use the CDC Fact sheets as questions arise.

Topics to be covered for each STD:
- What is it?
- Who is at risk?
- Symptoms
- Complications
- How and when to get tested
Treatment
Prevention

Optional Lessons
- Critique Advertisements and popular music for the presence of sexual messages.
- Compare advice for their peers to encourage accurate information and healthy behavior.
- Identify reasons some young people might have sexual intercourse and recommend alternatives.
- Summarize peer refusal skills and how to avoid trouble in situations involving sexual risk.

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Contraceptives/Family Planning:
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Topics Possible for Discussion:
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