Reproductive Health Guidelines
4th Grade Curriculum: Female

Curriculum:
Puberty: The Wonder Years (Tier A)

Films:
Use Approved Film
http://www.pgschoolprograms.com/programs.php?pid=1

Classes:
- All classes will be taught only to the girls.
  Lesson A-1: A Climate for Growth
  Lesson A-3: Families and Roles
  Lesson A-4: Social and Emotional Changes
  Lesson A-6: Growing Up Female

Time Line:
2 one hour class periods

Curriculum Guidelines (Tier A):
- What do students already know about puberty?
- Propose guidelines for discussions during the puberty lessons.
- Plan ways to initiate communication with their parents regarding growing up.
- Relate positive qualities they admire in their families.
- Improve communication skills with their families.
- Examine gender roles, gender role expectation, stereotypes, and ways they can affect people.
- Identify social and emotional changes occurring during puberty.
- Describe normal variation in individual rates of change during puberty.
- Examine case studies and plan ways to respect a peer who is going through an awkward stage of puberty.
- Identify additional changes that occur in females during puberty.
- Define the structures and function of the female reproductive system.
- Practice their communication skills by talking with their parents or other trusted adult about puberty.
**Contraceptives/Family Planning**
- At 4th grade, these are NOT approved for discussion.

**Topics Possible for Discussion:**
- See vocabulary list
- Abortion is NOT approved for discussion.

**Parent Preview/Notification**
- A parent letter will be sent out to all parents whose child is currently enrolled in 5th grade.
- All curriculum materials are available for view upon request.

**Excused**
Parents have the right to excuse their child from this unit without penalty. Students who are exempted from this unit will be provided with an alternative assignment during this time.
Reproductive Health Guidelines
4th Grade Curriculum: Male

Curriculum:
Puberty: The Wonder Years (Tier A)

Films:
Use Approved Film
http://www.pgschoolprograms.com/programs.php?pid=1

Classes:
- All classes will be taught only to the boys.
- Lesson A-1: A Climate for Growth
- Lesson A-3: Families and Roles
- Lesson A-4: Social and Emotional Changes
- Lesson A-5: Growing Up Male

Time Line:
2 one hour class periods

Curriculum Guidelines (Tier A):
- What do students already know about puberty?
- Propose guidelines for discussions during the puberty lessons.
- Plan ways to initiate communication with their parents regarding growing up.
- Relate positive qualities they admire in their families.
- Improve communication skills with their families.
- Examine gender roles, gender role expectation, stereotypes, and ways they can affect people.
- Identify social and emotional changes occurring during puberty.
- Describe normal variation in individual rates of change during puberty.
- Examine case studies and plan ways to respect a peer who is going through an awkward stage of puberty.
- Identify additional changes that occur in males during puberty.
- Define the structures and function of the male reproductive system.
- Practice their communication skills by talking with their parents or other trusted adult about puberty.
Contraceptives/Family Planning
- At 4th grade, these are NOT approved for discussion.

Topics Possible for Discussion:
- See vocabulary list
- Abortion is NOT approved for discussion.

Parent Preview/Notification
- A parent letter will be sent out to all parents whose child is currently enrolled in 5th grade.
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